

SAGEANDYLANG

biomecare + clarify

HOW TO USE

BIOMECARE RESET +
PREBIOTIC CLARIFYING MASK

☀️ AM SKINCARE ROUTINE



1. CLEANSE WITH GENTLE FACE CLEANSER (2 - 3 PUMPS)

- Wet face
- Apply 2-3 pumps of the cleanser onto your palm
- Lather and massage onto your skin
- Immediately rinse off with water thoroughly

2. BEAUTY ESSENCE (1 - 2 PUMPS)

- Massage into skin

3. SOOTHE AND PROTECT MOISTURISER (1 - 2 PUMPS)

- Massage into skin - suitable for eye area

4. SUNSCREEN (OTHER BRAND)

- Apply layer of preferred sunscreen for protection



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- Lather and massage onto your skin
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2. PREBIOTIC MASKS (CALMING)

($\frac{1}{2}$ - 1 TEASPOON)

- use daily till acne calms down, then apply 2-3 times per week
- add mask into a small bowl
- add water slowly and mix the dry clay into a flowy paste
- apply onto skin (avoid eye area) using brush or fingers
- leave on skin for about 10 mins. Do not let it dry out completely
- once the mask is 70% dry, rinse off the mask

(optional: if exfoliation is needed - wet mask with water again and gently massage the mask on the skin before rinsing off)

- towel dry the skin

3. BEAUTY ESSENCE (1 - 2 PUMPS)

- Massage into skin

4. SOOTHE AND PROTECT MOISTURISER (1 - 2 PUMPS)

- Massage into skin - suitable for eye area

